



The Coppice Whole School Newsletter

Friday 31st January 2025

Dear Parents and Carers,

I hope that you have all had a good week and are looking forward to the weekend with your children. As always there is lots to share with you all.

Children's Mental Health Week (3rd - 7th February):

Next week is Children's Mental Health Week and, as with last year, we will again be marking this in school across the week through various mindfulness activities that Class Teachers will be carrying out with their children. This will include us explaining, in a child-friendly way, what mental health is and how children can learn to manage their own mental health in positive ways. We will be using some really enjoyable and child friendly resources (both videos and activities) and are confident that the children will have a really positive learning experience.

The theme this year is: **'Know Yourself, Grow Yourself'** and is all about encouraging children to build self awareness and grow resilience by understanding themselves and by recognising their emotions. By understanding who we are, we can find out what makes us feel happy, or sad, or anxious, or scared - or maybe all of them at once! Every year, for the past 11 years, the week has been organised and run by the children's mental health charity Place2Be who are all about helping young people speak up and feel empowered to talk about mental health and wellbeing.

The campaign has also partnered with Walt Disney's 'Inside Out 2' movie.

During the week, the children will have an additional 'feel-good' afternoon, similar to our 'Feel-good' Friday afternoons, which are held every three weeks in school and are for both staff and children. This is an important component of our mental-health and wellbeing programme in school, which runs across the school year. It is also part of our 'Jigsaw' Personal and Social Education programme that some of your children may talk to you about at home. This additional afternoon will enable more activities to be completed over the course of the week.

If you would like to view some of the free 'Place2be' resources that we are using with the children, please visit the link below. Please be reassured though that we will only carry out age-appropriate activities and learning with the children.

<https://www.childrensmentalhealthweek.org.uk/about/>

If you would like to access the free Parent and Carer help resource pages, please go to:

<https://www.place2be.org.uk/our-services/parents-and-carers/supporting-your-child-s-mental-health/>

<https://www.childrensmentalhealthweek.org.uk/families/>

On these pages, you will find: free webinars, articles and practical advice for families on the topics of childhood anxiety, anger, sadness, stress, family life, opening up, and confidence/self-esteem. There are also helpful music and podcast playlists. We also have more links on our school website at:

<https://www.coppice.worcs.sch.uk/parent-resources/mental-health-well-being-and-support-for-families/>



Well done gymnasts!

On Saturday 25th January, twenty-three Coppice Gymnasts got up early, put on their brand new competition kit (kindly funded by Kieron Maguire and the PTA) and travelled with their Parents and Carers to Stoke-on-Trent where they attended the West Midlands Schools Regional Floor and Vault Gymnastics Competition. Having trained after school for two hours every Thursday, they all completed an individual floor routine and two vaults and earned the school two team places at the National Finals in May. Some gymnasts also competed in the Milano Team Competition, which required them to perform an extra group routine. This resulted in another three team places won for the Milano Team National Finals in March. A huge well done goes to our gymnasts, you represented our school perfectly: brave, resilient, well-mannered, respectful, highly skilled, great sportsmanship..... we could go on . You have done yourselves proud! A huge thank you also goes to coaches: Kirsty, Kieron, Ella, Sophie, Olivia and Alana for their dedication and time.



The results were as follows:

Floor and Vault Competition:		
TEAM:	PLACE:	CHILDREN:
Under 11 Girls Team	4th Place	Esme T, Isla J, Raye M, Beth P, Poppy G
Under 11 Girls' Team	3 rd Place	Abigail F, Myah E, Esmee G, Arria G, Millie B, Sienna W
Under 11 Girls' Team	2nd Place	Siene M, Poppy M, Kesia Q, Ayla W, Sienna C
Under 11 Boys' Team	1 st Place	Bobby L, Theo L, Leighton B, Myles T
Under 11 Mixed Team	1st Place	Cian M, Isaac H, Zara I, Ellie D, Charlotte H
Milano Team Competition:		
Under 11 Girls' Team	3rd Place	Poppy M, Siene M, Sienna C
Under 11 Girls' Team	2nd Place	Ellie D, Ayla W, Kesia Q
Under 11 Boys' Team	1 st Place	Myles T, Cian M, Bobby L
Under 11 Mixed Team	1st Place	Isaac H, Zara I, Charlotte H



Choir star Darcey!

A huge well done goes to Darcey, from 6G, who was our latest winner of the Choir Star award for consistently giving her all every time she sings and for having the resilience to embrace her nerves, showcasing her talented voice during her solos at our Christmas concerts. We are very proud of you Darcey!



Achievements outside of school - Celebration Time!

More footballing achievements for Oscar!

Oscar, from 4C, played in the central Warwickshire junior football league winter cup final last weekend and came away with a 3-1 victory. Not only has his team won the Winter cup but they also won the Autumn cup last year. Both Oscar's Saturday and Sunday team are undefeated this season. They have played 32 games and won all of them so they are doing extremely well. A huge well done Oscar!



Arlo's swimming goes from strength to strength!

Arlo, from 5RB, took part in his first counties swimming competition last weekend and was the top 10 year old in the 50m back stroke. He didn't win a medal against the 11 year olds he competed against but he was the only 10 year old to make a final, and his time put him in 5th place nationally - an incredible achievement! Arlo is rightly really chuffed with this and so are we! Well done Arlo!



That just leaves me to say, as always, that I hope you all have a lovely weekend with your children and we look forward to seeing all of you bright and early on Monday morning.

Kind regards,

Mr. Hutt (Headteacher – The Coppice Primary School)

Star of the Week - Hot Chocolate



The children this week were very keen that they had proof of Mr Hutt washing up wearing his new rubber gloves!



Music Listening and Appreciation

This week's playlist was:

Woodwind Instruments

- 1) Bach - Suite Number 1 (Prelude) (c.1720)
- 2) Grieg - Peer Gynt Suite (Morning Mood) (1875)
- 3) Barbirolli - Concerto in C Minor II. Allegro (C20th)
- 4) Acker Bilk - Stranger on the Shore (1961)

Next week's playlist is:


Africa

- 1) Gabriella Ghermandi - Boncho (2024)
- 2) Ladysmith Black Mambazo - Inkanyezi Nezazi (The Star and the Wiseman) (1998)
- 3) Drakensberg Boys Choir - Shosholoza (2021)
- 4) Miriam Makeba - Pata Pata (1967)

Attendance Figures


TOP ATTENDANCE

20th - 24th January 2025 (Last week)

	1LR	95.80%
	4W	97.12%

TOP ATTENDANCE

27th - 31st January 2025 (This week)

	2T	98%
	5C	99.67%