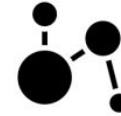


PSHE (Jigsaw) AT THE COPPICE



VISION

At The Coppice we believe that Personal, Social, Health and Economic Education provides a vital foundation for the personal development of our children in preparing them for adult life. We aim to give our children the knowledge, skills, and understanding they need to lead confident, healthy and independent lives. PSHE aids the building of curriculum that is broad and balanced, promoting the spiritual, moral, cultural, mental and physical development of each child.



DESIGN

At The Coppice we choose to deliver Personal, Social, Health Education using Jigsaw, the mindful approach to PSHE and communities. In doing so, children learn to recognise their own worth, work well with others and become increasingly responsible for their own learning. Pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of the school. Developing children personally and socially and tackling many of the spiritual, moral, social and cultural issues that are part of growing up is at the heart of everything we do.



CONTENT

Jigsaw covers all areas of PSHE for the primary phase, as the table below shows:

Term	Puzzle name	Content
Autumn 1:	Being Me in My World	Includes understanding my place in the class, school and global community as well as devising Learning Charters
Autumn 2:	Celebrating Difference	Includes anti-bullying (cyber and homophobic bullying included) and diversity work
Spring 1:	Dreams and Goals	Includes goal-setting, aspirations and resilience building
Spring 2:	Healthy Me	Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices (on and off line)
Summer 1:	Relationships	Includes understanding friendship, family and other relationships, conflict resolution and communication skills
Summer 2:	Changing Me	Includes Sex and Relationship Education in the context of looking at and managing change



JIGSAW

Jigsaw brings together PSHE Education, emotional literacy, social skills and spiritual development in a comprehensive scheme of learning. Teaching strategies are varied and are mindful of the need to adapt and scaffold learning for groups of learners who need additional support. Jigsaw is designed as a whole school approach, with all year groups working on the same theme (Puzzle) at the same time.

There are six Puzzles in Jigsaw that are designed to progress in sequence from Autumn to June/July. Each Puzzle has six Pieces (lessons).

Each Piece (lesson) has two Learning Intentions: one is based on specific PSHE learning (covering the non-statutory national framework for PSHE Education and the statutory Relationships and Health Education guidance, but enhanced to address children's needs today); and one is based on emotional literacy and social skills development to enhance children's emotional and mental health. The enhancements mean that Jigsaw, the mindful approach to PSHE, is relevant to children living in today's world as it helps them understand and be equipped to cope with issues like body image, cyber and homophobic bullying and internet safety.